Conference on Person Centered Planning in St. Galen and Bregenz
March 12th through 14th 2015

What will this conference be about?

We will

⊕ Talk about person centered planning.
⊕ Further Develop the ideas of Person Centered Planning.
⊕ Talk within the German speaking network on person centered planning and exchange our ideas and experiences.
⊕ Learn together.
⊕ Test inclusion.

The conference is suitable for whom?

The conference is for people with and without disabilities, interested in learning about person centered planning.
There is room for 350 people.

Who are the organizers?

❖ Institute for Social Services Austria
❖ WINclusion, Network on Person Centered Planning Switzerland
❖ Lebenshilfe (LifeHelp – an organization for people with learning disabilities) Austria
❖ Caritas (a catholic service organization) Austria
❖ In cooperation with the German speaking network on Person centered planning (members are from Austria, Switzerland, Germany)
❖ The region of Vorarlberg in Germany (next to Lake Constance)
❖ Plus several foundations and service organizations
Overview (Page 1,2)

Where will the conference be held at:

⊕ Thursday, March 12\textsuperscript{th} 2015 in St. Gallen
  - Centrum St. Mangen in St. Gallen/Switzerland
⊕ Friday, March 13\textsuperscript{th} 2015 in Bregenz
  - Festival Hall in Bregenz/Austria
⊕ Saturday, March 14\textsuperscript{th} 2015 in Bregenz
  - Festival Hall in Bregenz/Austria

➤ Transportation from St. Gallen to Bregenz will be organized by the conference committee
➤ All venues are barrier-free
➤ There will be offers/events in easy to understand language

What does the conference cost?

⊕ Thursday, March 12\textsuperscript{th} 2015 in St. Gallen
  - 160 € (Training with Jack Pearpoint and Lynda Kahn)
⊕ Friday, March 13\textsuperscript{th} 2015 in Bregenz
  - 160 € (Conference: Person Centered Planning will move barriers!)
⊕ Saturday, March 13\textsuperscript{th} 2015 in Bregenz
  - 80 € (Day on several topics regarding Person Centered Planning will move barriers!)

- Included in the fees are all materials, lunch, refreshments during breaks, cultural program.
  If all three days are attended, admission fee will be reduced by 10 €.
  Members of WINclusion Switzerland or the German speaking network on Person centered planning will get a reduction of 10 €.
  People with insufficient income will get a reduction of 50%.
  Personal assistants don’t have to pay for admission.

Where can you spend the night

➤ You have to book and pay for overnight stays yourself.
The organizers have made reservations in the local youth hostel in Bregenz and in several hotels, prizes vary from 37 € to 120 €.

A list of hotels will be provided online [www.persoenliche-zukunftsplanung.eu](http://www.persoenliche-zukunftsplanung.eu) or sent via email upon request.

**Program**

**Thursday, March 12th**

**Advanced Training with Jack Pearpoint and Lynda Kahn**

- Starting at 8:30 am: welcome and check-in
- 10am to 5:30 pm Training with Jack and Lynda
- 6 pm departure to Bregenz (individual or joint travel)

**Description:**

- Jack Pearpoint and Lynda Kahn come from Canada.
- Together with several others they created many methods for Person Centered Planning.
- They have a lot of experience in Person Centered Planning and inclusion. On this day we will learn together and they will tell us about their experiences.
- Their website is www.inclusion.com

**Information:**

- This training is meant for people who have some experience in Person centered planning and are facilitating person centered planning.
- There is a limit of 100 people at this training day (including personal assistants)
- Translation from English to German will be provided 😊
Friday, March 13th

Starting at 8:30 am: welcome and check-in

9:30 am welcome and program overview

10:15am presentation by Jack and Lynda

11am – 12:30pm

11 modules / workshops for beginners, advanced and experts:

- For beginners:
  1. How to organize a Person Centered Planning (Bernadette Bros-Spähn, Germany, easy to understand)
  2. I do have wishes, dreams and goals (Sandra Fietkau, Germany, easy to understand)
  3. Why am I engaged in Person Centered Planning as a self-advocate? (Cem Kirmizitoprak and Thomas Z’Rotz, Switzerland, easy to understand)
  4. Courageously building Circles of Support (Nicolette Blok, Austria)

- For Advanced:
  5. Finding pictures for the abstract – doing graphics in Person Centered Planning (Wiebke Kühl, Germany)
  6. Working in a Circle of Support (Martina Kleber, Austria)
  7. How to facilitate a Future Party? (Robert Kruschel, Germany)
  8. Inclusive Education and Work on an equal level (Lisa Wimmler and Andreas Oechsner, Austria, easy to understand)

- For experts:
  9. From first sight to the realization of an action plan (Margot Pohl, Italy)
  10. Person Centered Planning is spreading in a region (Dr. Stefan Doose, Germany)
  11. What is effective in Person Centered Planning (Dr. Sabine Etzel, Germany)

12:30pm lunch break  1:30pm
12 modules/workshops on several topics plus 5 learning journeys

Workshops on important topics regarding Person Centered Planning:

A: “What is really important to us...” or the “Listening Method” (Lisa Wimmler and Andreas Oechsner, Austria; easy to understand)
B: Person Centered Planning for transition from school to working life as applied by IfS Spagat (Thomas Hebenstreit, Austria)
C: A group home is on its’ way – how Person Centered Planning can change a community (Andrea Voß and Florian Timm, Germany; easy to understand)
D: The strength of Person Centered teams: the Team Tree (Stefanie Miksanek, Austria)
E: Person Centered Planning in a large organization (Gabriele Perissutti, Austria)
F: Changes in a day program (Gerti Lecher, Austria)
G: Of experiencing possibilities – an organization is on its’ way (Céline Müller and Björn Abramsen, Germany)
H: Inclusion and social fields – Social Presencing Theatre (SPT) (Dheera Petra Bauer, Germany)
I: SURE! Person Centered Planning works for people that are non-verbal (Nicolette Blok, Austria and Margot Pohl, Italy)
J: inclusion and person centered planning – all a question of attitude? (Anne Gersdorff and Sandra Boger, Germany)
K: All together are planning with MAPS and PATH for a community (Erwin Wieringa, Netherlands)
L: MAPS and PATH (Jack Pearpoint, Lynda Kahn, Canada)
M: The role of Person Centered Planning in deinstitutionalization in Eastern Europe (Sonia Holubkova, Slovenia and Slavenka Martinovic, Croatia)

Learning journeys to people and places, where Person Centered Planning has made changes:

N: “I want to work” – finding a work place through Person Centered Planning
O: Participation in the working life for people with very high service needs
P: Person Centered Planning at Lebenshilfe Vorarlberg (an organization for people with learning disabilities)
Q: People First Switzerland is on its’ way

6 pm general meeting of the German speaking network on Person centered Planning (at Gösser Brewery)

⇒ 8pm Future Party! at Gösser Brewery (dinner, party, dancing, cultural contributions: theatre, music, dance)
⇒ 12am end

Saturday, March 14th

⊕ 9am joint warm up
⊕ 9:30 am

11 exchange groups on the use of Person Centered Planning with people, in organizations, in communities...
10: Training developers in dialogue (Antje Morgenstern and Carolin Emrich, Germany)
20: Starter-kit: How do I start a Person Centered Planning? (Dr. Stefan Doose, Germany)
30: From being stuck to movement- realization of Person Centered Planning in organizations (Dheera Petra Bauer and Oliver König, Austria)
40: “Getting better” – exchange group for active Person Centered Planners (Stefanie Miksanek, Austria)
50: New roles for all – inclusion and UN-convention challenge for change (Wiebke Kühl, Germany)
60: Person Centered Planning as means for real co-determination as exemplified with people on the autistic spectrum (Ursel Seifert, Germany)
70: Person Centered Organizations, is that realistic at all? Entry into the ‘U’ (Cornelia Renoldner, Austria and Lis DePourcq, Luxembourg)
80: All together – planning with 4 families at once (Erwin Wieringa, Netherlands)
90: Person Centered Planning as means for organizational change (Robert Kruschel, Germany)

100: From a planning to a support circle – securing quality! (Sandra Fietkau, Germany)

110: Relatives in the process of Person Centered Planning (Angelika Peböck-Spiegel and Gerda Obrist, Austria)

⊕ 12pm closing event of the conference
⊕ 1pm end of the conference

Registration and further information:

⊕ Lebenshilfe Vorarlberg
  Gartenstr. 2
  A- 6840 Götzis (Austria)
  Phone: +43-5523-506-10000
  Mail: tagung@persoenliche-zukunftsplanung.eu
  Internet: www.persoenliche-zukunftsplanung.eu (in German)

⊕ Please state your name, address and email- contacts
⊕ Please indicate:
  What day you want to register for (or for all three days).
  Which workshops and modules you want to sign up for (please always pick choice A and B, if A is full you will be signed up for choice B).
  If you need assistance.
  if you come with a personal assistant.
  If you are vegetarian.